



Trauma-Informed Ministry: Healing ACEs and Building Resilience in Corrections

Presented by Dave Lockridge

**GOD OUR
PROVIDER**

Phil 4:19 And my God will meet all your needs according to his riches in glory in Christ Jesus.

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These things I have spoken unto you, that
in me ye might have peace.

In the world ye shall have tribulation: but
be of good cheer,
I have overcome the world.

John 16:33

**GOD OUR
PROVIDER**

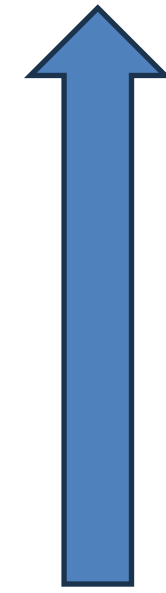
Phil 4:19 And my God will meet all your needs according to his riches in
glory in Christ Jesus.

Why Do Some Balloons Soar, and others Don't?

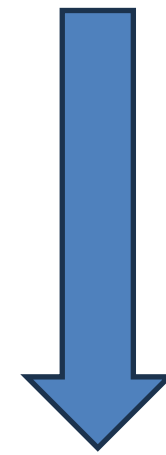




How high a
balloon soars is
understandable
and predictable.



Hot Air



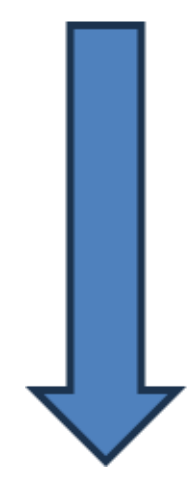
Weight

How high a
person
soars is
understandable
and predictable.



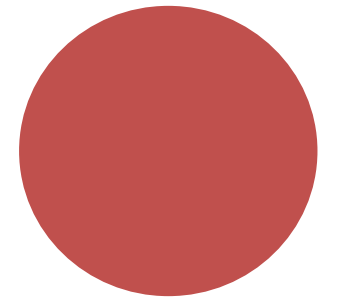


Nurture



Stress

Kaiser Permanente and the U.S. Centers for Disease Control examined the health and social effects of adverse childhood experiences throughout the life span of over 17,000 participants.



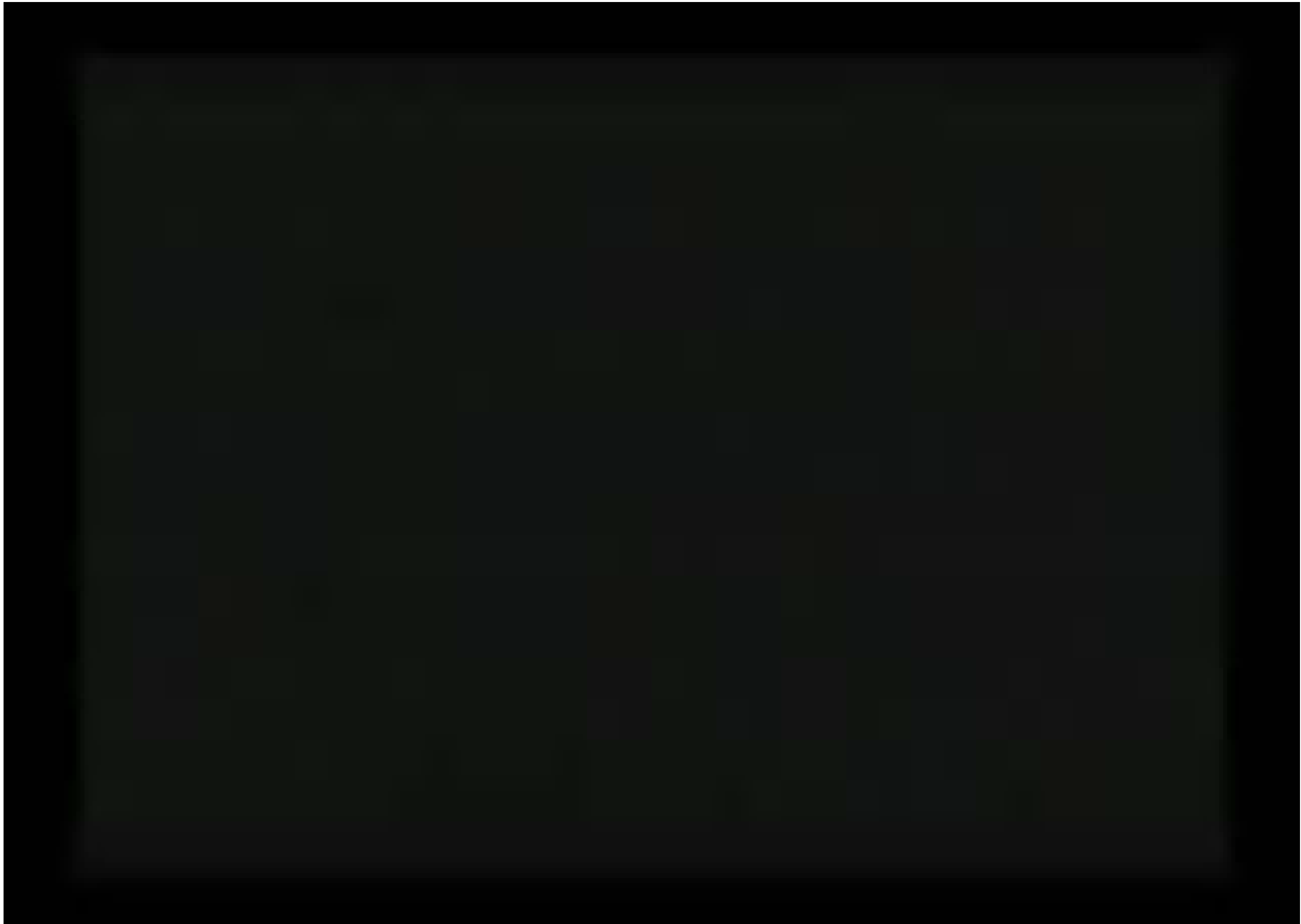
The ACE Study Reveals

“A powerful relationship between our emotional experiences as children and our physical and mental health as adults”...

Felitti, VJ. The Relationship of Adverse Childhood Experiences to Adult Health: Turning Gold into Lead

The ACE Study

“...adverse childhood experiences are the most important determinant of the health and well-being of our nation.”





“One does not
‘just get over’
some things,
not even fifty
years later.”

Felitti, VJ. The Relationship of Adverse Childhood Experience
to Adult Health: *Turning Gold into Lead*



The ACE Study

Explored three major areas of Adverse childhood experiences

1. **Abuse:** Physical, Sexual, Emotional
2. **Neglect:** Emotional, Physical
3. **Household Dysfunction:** Exposure to-
 - Domestic violence
 - Substance abuse
 - Parental separation/divorce
 - Mental illness
 - Criminal activity in the home or family member incarcerated

The ACE Study

Ten Possible Points Scale

Handout

The ACE Study

Ten Possible Points Scale

- Physical abuse___
- Sexual abuse___
- Emotional abuse___
- Emotional neglect___
- Physical neglect___
- Substance abuse in the home___
- Separation or divorce___
- Mental illness of a family member___
- Witnessing violence against the mother___
- Criminal behavior/family incarceration___

Total = _____

As your ACE score increases the risk for the following health problems increases

Alcoholism and drug abuse	Partner violence
Depression	Unintended pregnancy
Sexually transmitted diseases	Smoking
Liver disease	Obesity
Fetal death	Heart disease
Illicit drug use	COPD
Suicide attempts	Fibromyalgia

Notice the progression of
Adverse Childhood Experiences
into
behavior related and
health related problems.

Death

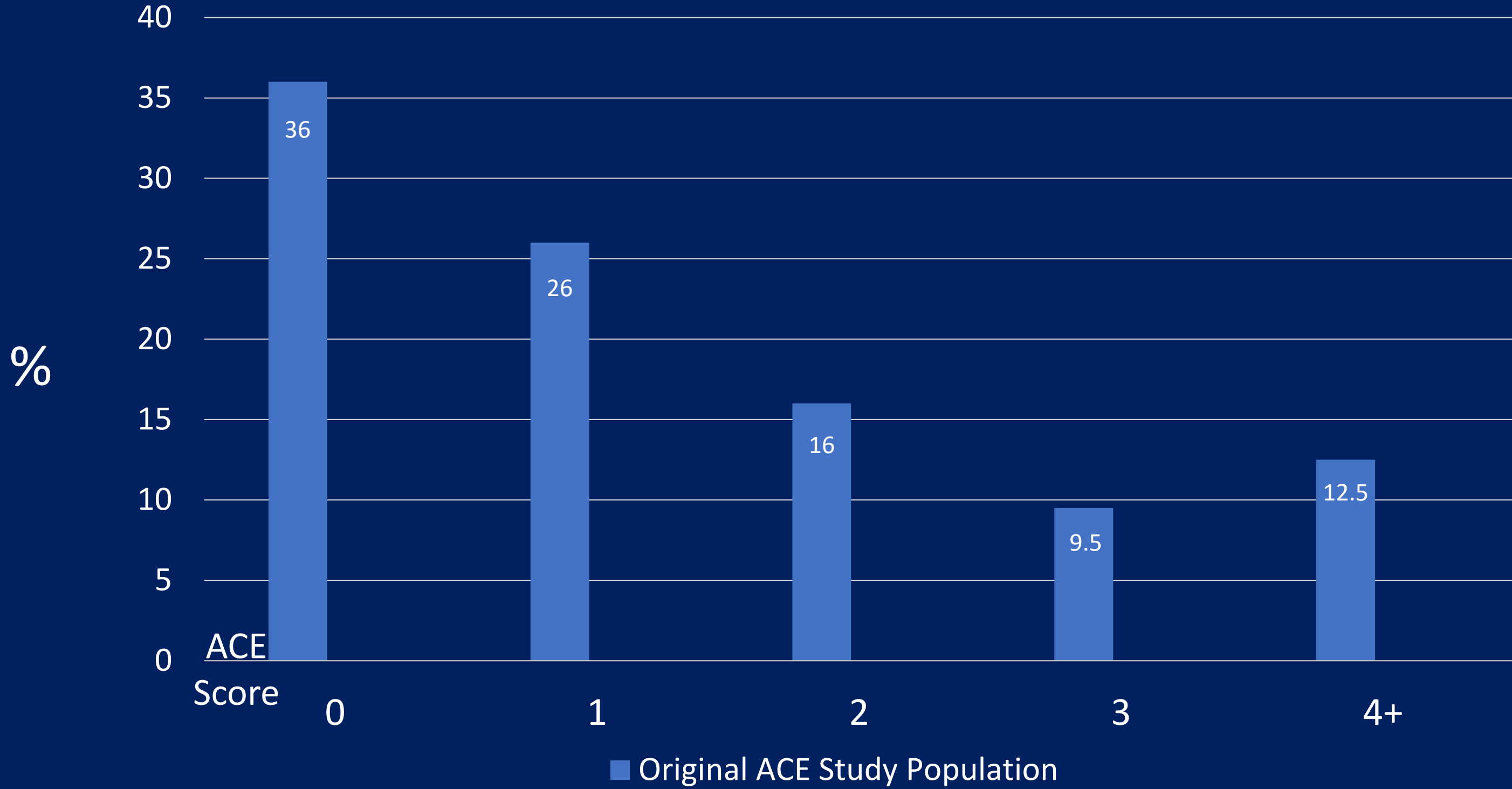


Conception

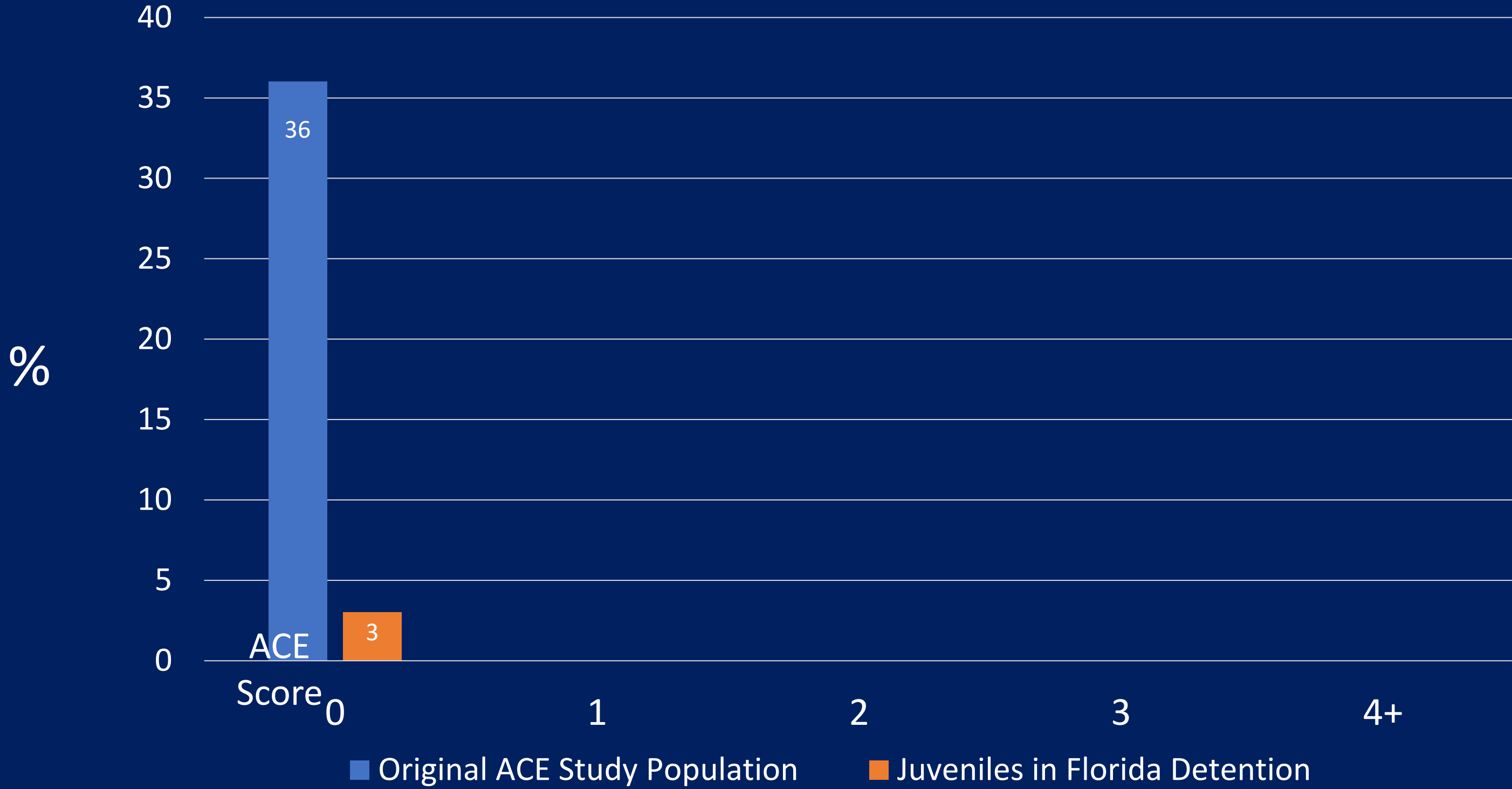


The ACE Study
Measures Exposure to
Categories of Trauma

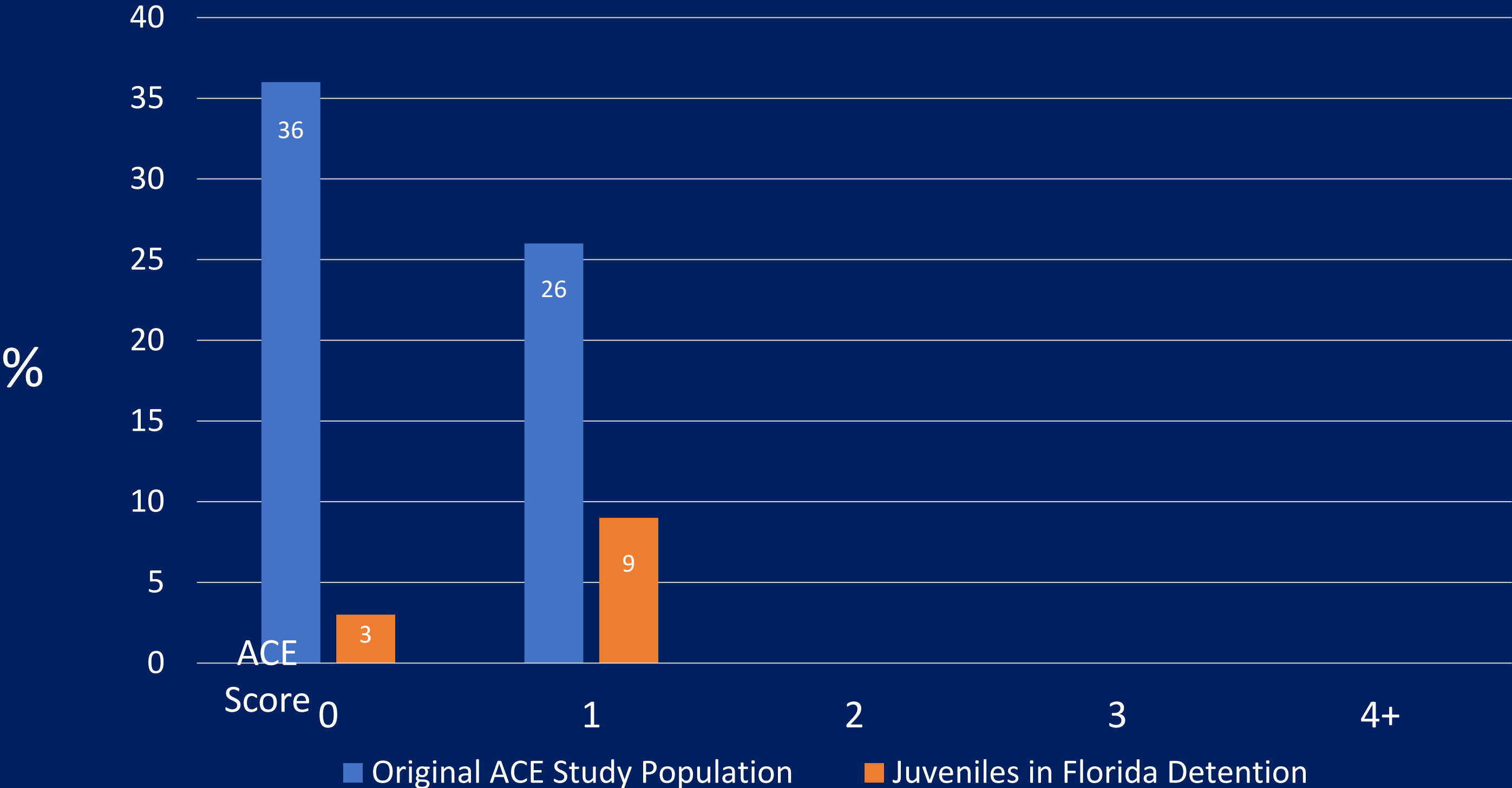
Exposure to Trauma: Original ACE Study Florida Juveniles in Detention



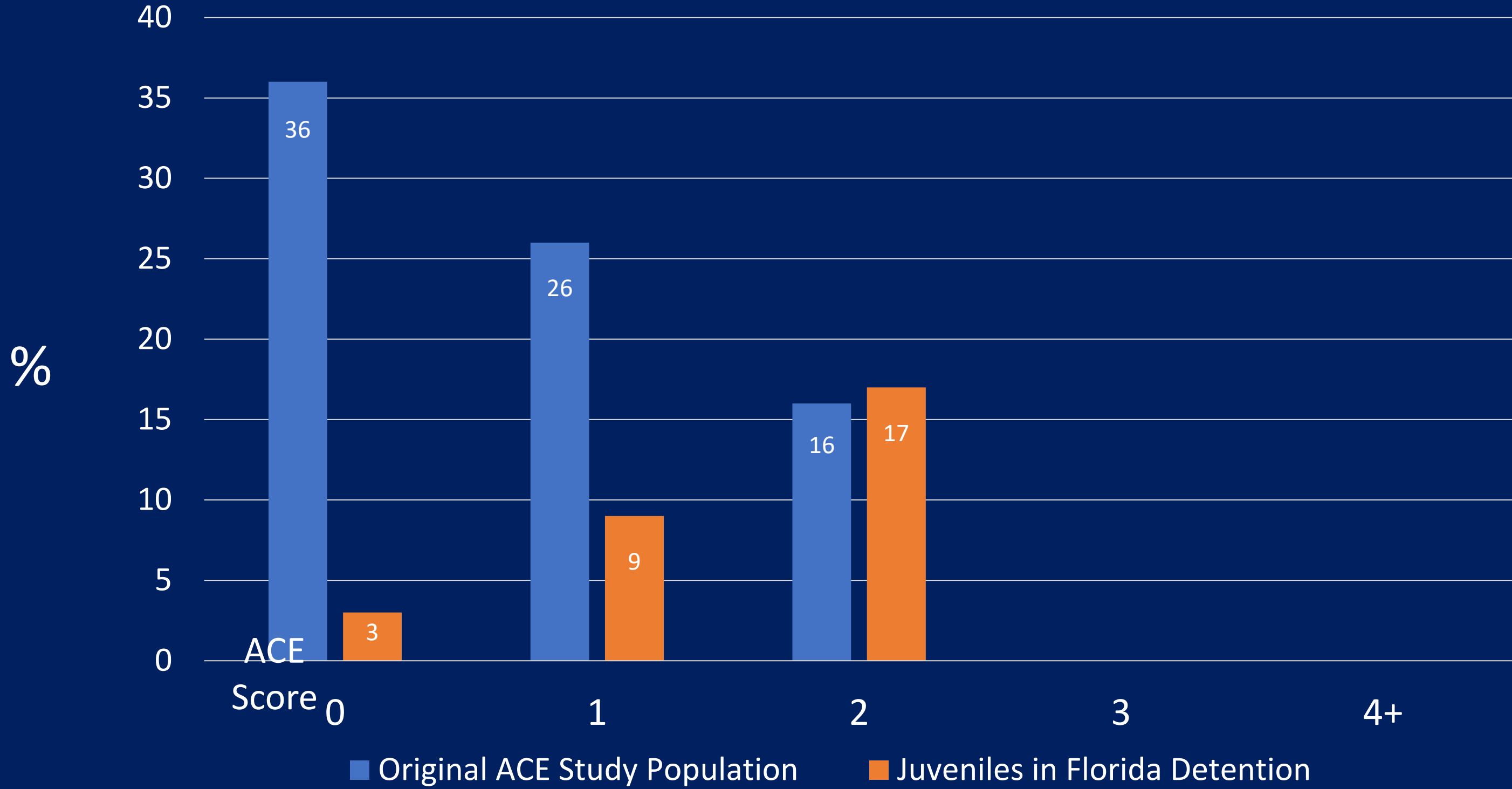
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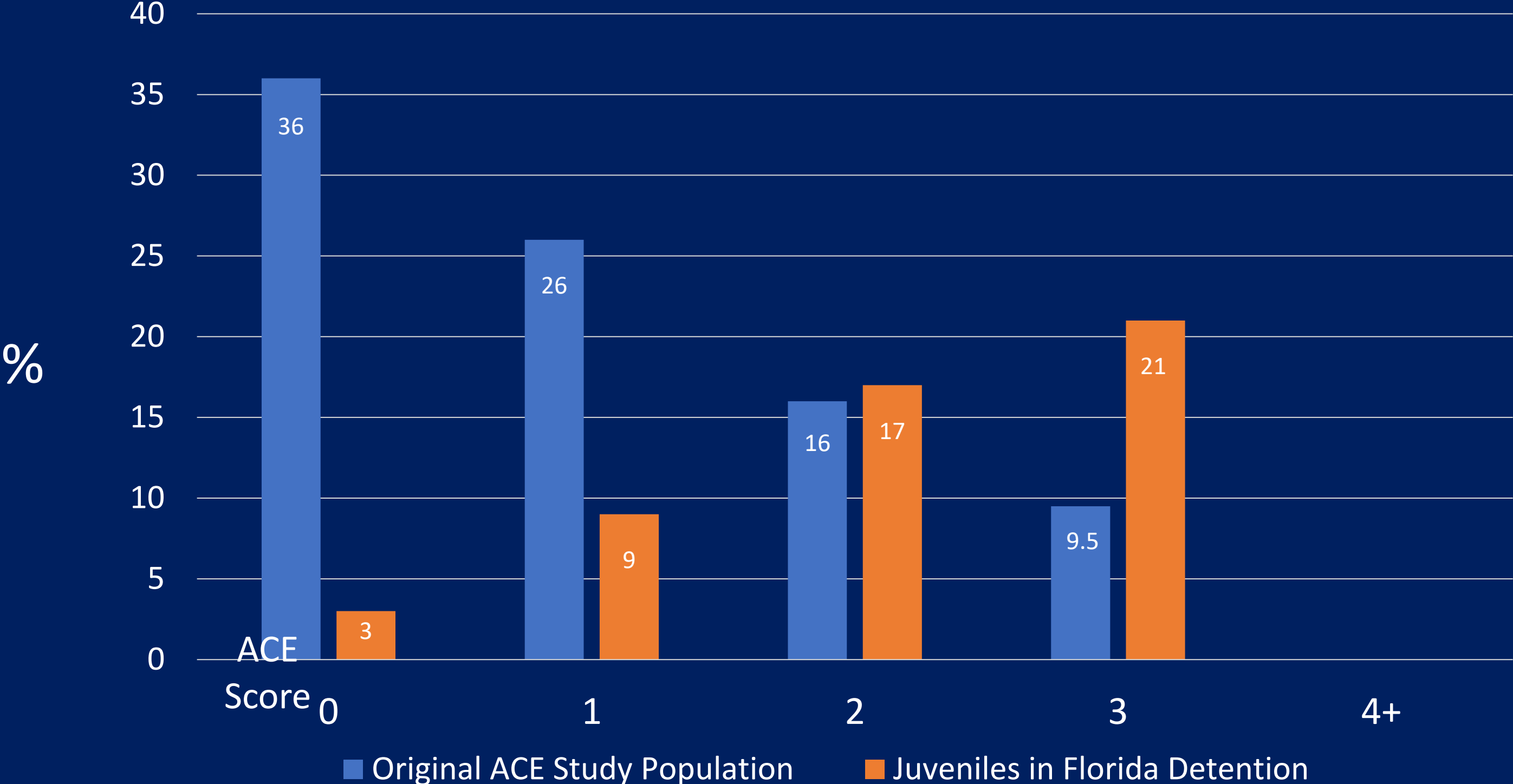
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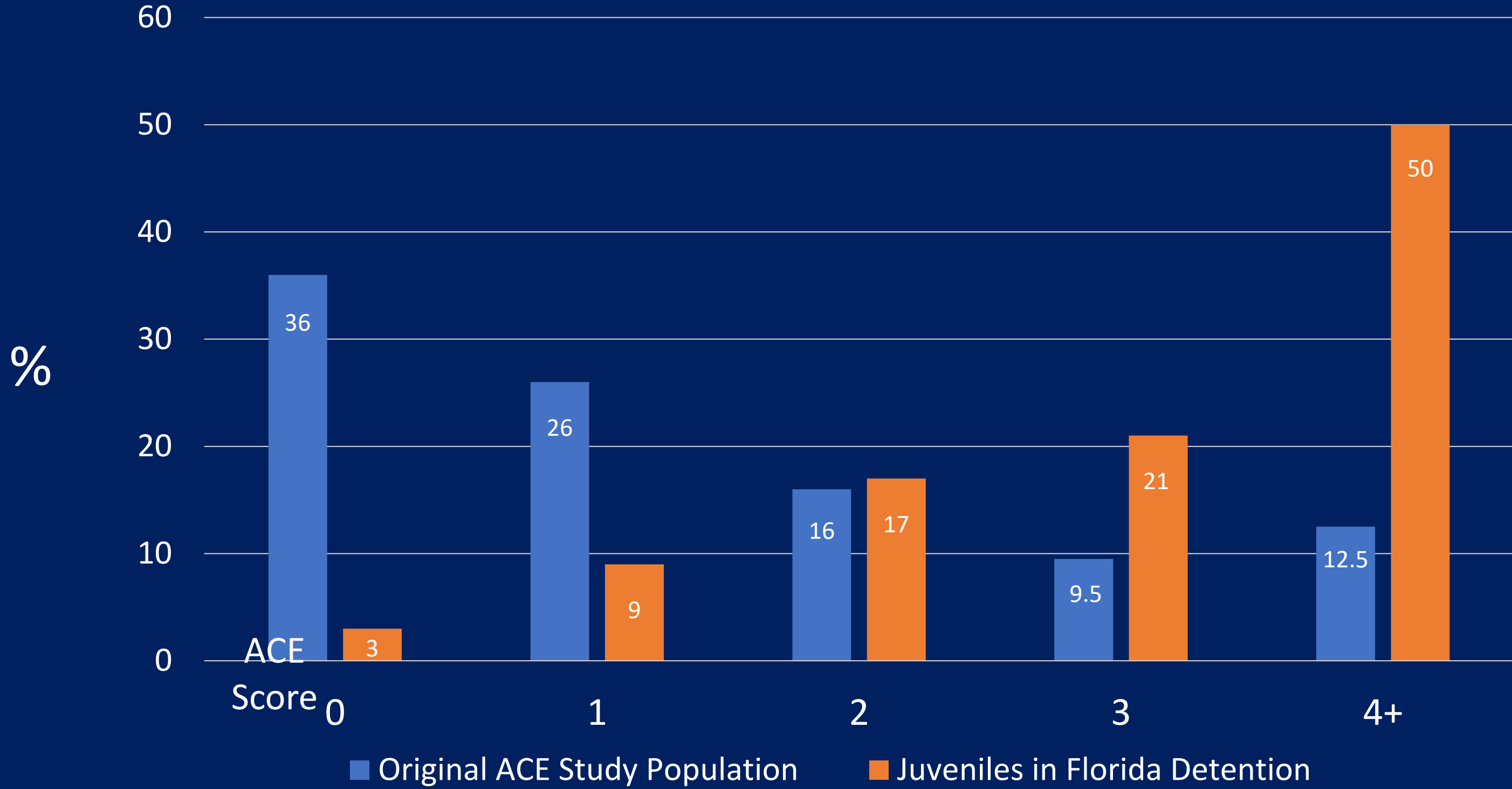
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Exposure to Trauma: Original ACE Study vs. Florida Juveniles in Detention



97%

of Incarcerated Juveniles
Have a History of Trauma

A Trauma-Equipped Ministry Should Address:

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1. The Connection Between ACEs and Development

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4. Self-Efficacy

A Trauma-Equipped Ministry Should Address:

1. The Connection Between ACEs and Development
2. The “Gift of Normal”
3. Brain Plasticity
4. Self-Efficacy and Resilience
5. Social Connections and Communications

